

# PATERSON PRESS – May 19 - 30

We send home the "Paterson Press" every second Friday. If you have feedback, please let us know! Call (403-329-0125) or email <a href="mailto:morgan.day@lethsd.ab.ca">morgan.day@lethsd.ab.ca</a>

Have you registered for:

PowerSchool? <a href="https://ps.lethsd.ab.ca/public/">https://ps.lethsd.ab.ca/public/</a>

School Cash Online? <a href="https://lethbridge.schoolcashonline.com/">https://lethbridge.schoolcashonline.com/</a>

Safe Arrival? <a href="https://go.schoolmessenger.com">https://go.schoolmessenger.com</a>

If you have any questions or need assistance with these services, call Leanna, Kat, or Jennifer in the office at 403-329-0125.

<u>Monday May 19</u>	Tuesday May 20	Wednesday May 21	Thursday May 22	Friday May 23
Victory Day No School	PL Day for staff No School for students  NO SCHOOL TEACHER WORKDAY	Maker Space – lunch in Learning Commons School Track Meet – U of L	Rock Band – 3 – 430pm  Grade 6 - OPEN HOUSE 6 – 7pm	
Monday May 26	Tuesday May 27	Wednesday May 28	Thursday May 29	Friday May 30
Grade 7 – Mass Band Practice – Blk 2 Grade 8 – Mass Band Practice – Blk 4 Anastasia Auditions 3 – 430pm	GSA Club – lunch in Art Room  Rock Band – 3 – 430pm  LSSA Track Meet – U of L  Anastasia Auditions 3 – 430pm	LA PAT Writing Exam  – Blk 1-4  Anastasia Auditions 3 – 430pm	Rock Band – 3 – 430pm  Indigenous Awards – GS Lakie – 530 – 7pm  Anastasia Auditions 3 – 430pm	VQ Departs – 2am
Monday June 2	Tuesday June 3  Gr. 6 – Kona Ice 1030 - noon  GSA Club – lunch in Art Room  Zone Track Meet – Medicine Hat  Rock Band – 3 – 430pm	Wednesday June 4  Gr. 7 – Kona Ice 1030 – noon  Robin Hood Classic Archery Tournament	Thursday June 5  Gr. 8 – Kona Ice 1030 - noon  Rock Band – 3 – 430pm  VQ Returns – 11pm	<u>Friday June 6</u>

Monday June 9	Tuesday June 10	Wednesday June 11	Thursday June 12	Friday June 13
Grade 8 – Mass Band Practice – Blk 5	GSA Club – lunch in Art Room	Grade 6 – Mass Band Practice – Blk 5	PAT LA Part B Reading - Blk 1-3	PAT Math Part A - Blk 1-2
Grade 7 – Mass Band Practice – Blk 6	Grade 8 FLA FRIM Final - Blk 1-2	Grade 7 FLA FRIM Final - Blk 1, 2, 6	Rock Band – 3 – 430pm	
	Grade 6 – Mass Band Practice – Blk 2			
	Rock Band – 3 – 430pm		Year End Band Concert - Westminster United Church – 7pm	
Monday June 16	Tuesday June 17	Wednesday June 18	Thursday June 19	Friday June 20
Grade 7 - Henderson Pool 1230 – 230pm	Gr. 7 – Kona Ice 1030 - noon	Gr. 8 – Kona Ice 1030 - noon	Gr. 6 – Kona Ice 1030 – noon	GPMS Celebrates Indigenous Day
Year End Choir/Handbell – College Drive Community	PAT Math Part B - Blk 1-3	PAT Social – Blk 1-3		Year End Wrap up -sign yearbooks, clean out lockers
Church – 7pm	Grade 7 LA Reading Final - Blk 1-2	Grade 8 LA Reading Final - Blk 1-3		out lockers
	Grade 8 Math Final -Blk 1-2	Grade 7 Math Final -Blk 1-2		
CHOIR	Grade 6 Award Assembly	Grade 8 Award Assembly 1230 – 130pm	Grade 8 - Calaway Park 7am – 6pm	
	1230 – 130pm		Grade 7 - Legacy Park 930am – 230pm	
	Grade 7 Award Assembly 145 – 245pm		Grade 6 - Henderson Pool - 1230 – 2pm	
Monday June 23	Tuesday June 24	Wednesday June 25	Thursday June 26	Friday June 27
Grade 6 Flex Morning	Grade 6 Flex Morning	Last Day!		
Grade 7 & 8 Social Final	Grade 7 & 8 Science Final	HAPPY SUMMER!		
Busses come at 1030 am	Busses come at 1030am	The Management of the Manageme		
Grade 8 Farewell – Lethbridge Polytechnic 1 pm				

• School Council – As we approach the end of another successful school year, we want to extend our deepest gratitude to each of you on the School Council for your unwavering commitment and hard work. Your efforts have made a significant impact on our school community, and we are truly grateful for everything you have done. Thank you for your year of service and for making a difference in our school. We look forward to

continuing our journey together and achieving even greater milestones in the future. All past minutes can be found here, School Council | Gilbert Paterson Middle School

- Student profile form for 2025 2026 Student Update Form | Gilbert Paterson Middle School
- This is a reminder that there is no school for students on Monday, May 19th for Victoria Day and Tuesday, May 20th as our staff will be participating in Professional Learning this day. We will see you on Wednesday, May 21st.
- **KONA ICE IS BACK!** I scream, you scream, we all scream for Kona Ice! The first fundraiser of the year is here! Students will be able to purchase delicious treats and help their school with 25% of the proceeds coming back to Gilbert Paterson:

GPMS FUNDRAISER

25% of Sales goes back to
Gilbert Patterson Middle School

June 3 (Grade 6) 10:30 - Noon

June 5 (Grade 8) 10:30 - Noon

June 5 (Grade 8) 10:30 - Noon

Also Available - Freeze Dried
Candles (\$3 to \$7)

- \$4 Klassic Kona
- \$5 King Kona
- \$6 Colour Changing Cup - \$4 Refills
- \$7 Kollectable - \$5 Refills
- \$3 to \$7 - Various Freeze-Dried Candies

GRADE 6 - TUES JUNE 3 and JUNE 19
(10:30 - NOON)
GRADE 7 - WED JUNE 4 and JUNE 17
(10:30 - NOON)
GRADE 8 - THURS JUNE 5 and JUNE 18
(10:30 - NOON)



- **Grade 7/8 Finals** Finals are coming! In class written finals began in May. Please watch for emails from teachers about specific details.
- **Grade 8 Calaway Fieldtrip** The Grade 8 Team is excited to take their classes to Calaway Park on Thursday, June 19<sup>th</sup>. More information about this event has been sent home.
- Grade 8 Farewell Due to the size of our student body we will be hosting the Grade 8 Farewell at Lethbridge
  Polytechnic in the Val Matteotti Gymnasium. The celebration will take place on Monday, June 23<sup>rd</sup> at 1 pm.
  More information about this celebration will be sent home later.
- LCI Dance Program Friday, May 30th is the deadline to apply to audition for the Lethbridge Collegiate Institute Arts Academy Dance program. Auditions are for students going into Grades 9 12 for the 2025/2026 school year. If you have any questions, please email <a href="mailto:geordan.olson@lethsd.ab.ca">geordan.olson@lethsd.ab.ca</a>
- **Gr. 6/7 Option Selection** Option selection is now open in PowerSchool! Emails will be going out Friday, May 16 with information regarding the process of option selection for GPMS 25/26. Option selection will close on Friday, May 30<sup>th</sup>. Options are not first come first serve and no ranking of choices.
- Track and Field Students have started to prepare for Track and Field in their gym classes with instruction and testing. Students' results are then compared across all PE classes and students are selected to compete at the School Track meet on Wednesday, May 21<sup>st</sup> at the University of Lethbridge track. For those who qualify from our school meet, the LSAA track meet (Grade 6-8) is Tuesday, May 27<sup>th</sup> at the U of L and the Southern Alberta Zone track meet for Grade 7/8 (bantam and midget aged) students is Tuesday, June 3<sup>rd</sup> in Medicine Hat. Please remind your child to bring proper runners and gym strip for PE class during the next few weeks and to dress for outside if the weather is cool.

For the **third year in a row**, Buster's is proudly giving back to the Community.

Every **Thursday in May 2025, from 1–3 PM**, **both of our locations** will be offering **FREE slices of pizza to anyone in need**. No questions asked. No judgment. Just kindness, respect, and a warm slice of hope. 

As a trusted community leader like yours, we would be grateful if you could help share this initiative with those who may benefit—whether it's a student, a family, a parishioner, or a passerby in need. (Please do refer to our social media campaign here: <a href="https://www.facebook.com/share/p/1Ghz8dF9Be/?mibextid=qi2Omg">https://www.facebook.com/share/p/1Ghz8dF9Be/?mibextid=qi2Omg</a>)

Please feel free to reach out if you have any questions or would like to collaborate. Let's come together to lend a hand, feed hope, and care for one another.

**North Location:** 728 23 St N · (403) 353-3557

**South Location:** 3735 Mayor Magrath Dr S #50 ⋅ (587) 800-5550

- Choir Program Our Spring concert will be on held on Monday, June 16<sup>th</sup>, 7 pm at College Drive Community Church. Tickets (\$5) will be sold at the door; Paterson students are free. We look forward to seeing you there!
- Notes from the Band Room Our Spring concert is also approaching, it will be held on Thursday, June 12th, 7 pm at Southminster United Church. Doors open at 6 pm. Tickets will go on sale May 16<sup>th</sup>, four tickets max per student. If you are wanting to go on a waitlist for more tickets, please email Ms. Lewis. For additional information, please visit our band website: www.gpmsinstrumentalmusic.weebly.com
- Step into the enchanting world of Anastasia! Audition for a chance to be part of this magical musical and showcase your talent. Don't miss out on this incredible opportunity to shine on stage. Auditions for our 2025/2026 Theatre Production of Anastasia will be held on May 26 29 afterschool each day.

#### May 2.0 Mental Health Minute from the Wellness Team

This month and early next month, Ms. Oviatt has been visiting classes to share a couple of strategies related to managing stress, preparing for tests, and using study strategies. Here are some of the "top 5" for these topics.

#### **Healthy Coping Strategies for Managing Stress**

- 1. Take care of your physical self get enough sleep, eat well, drink water
- 2. Plan ahead
- 3. Stretch/ Be active/ Go outside
- 4. Journal, laugh, or listen to music
- 5. Turn to people in your support circle

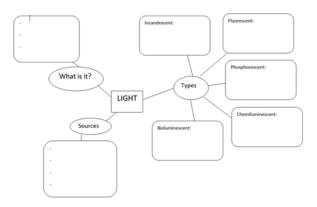
## **Preparing for the Test**

- 1. If your teacher gives you a study guide, complete it.
- 2. Use the terms on the study guide to create your flashcards. Try an app like **Quizlet** (some pre-made sets are available).
- 3. Have someone verbally quiz you using the questions from the study guide. Or, create your own questions that someone can ask you.
- 4. Review concepts frequently, then extend the time between your study sessions. This uses the concept, "psychological spacing effect", which helps to put the information in your long-term memory.
- 5. Practice a variety of test questions: multiple choice, matching, T/F, and short answer. Try an app like **Know** (uses Al to generate questions).

#### **Study Strategies**

- 1. Make flashcards. Use colour and pictures and/or diagrams or try an app like Quizlet. The brain likes visual cues (called "dual coding").
- 2. Create a graphic organizer. It helps to summarize all you have learned.
- 3. Make your own study guide with 5-10 main questions from each unit. Ask a friend to do the same and switch study guides. Then, give them back to each other and "mark" them.
- 4. SQ3R is a set of steps for reading over notes or your textbook: survey, question, read, recite, and review. (Google "SQ3R" for more information.)
- 5. Decide how you study best. Music or no music? Breaks after 20 or 30 minutes? A snack before or after you study? Make studying a habit.

#### Sample graphic organizer:



## **Writing the Test**

- 1. Look over the entire test when you first get it. Do the questions you know first this helps build confidence!
- 2. You do not need to go in order of the questions but remember to check over the test when you are done.
- 3. Highlight key words in the question.
- 4. Cross off answers from the choices (multiple choice) that you KNOW are not the right choice.
- 5. Use estimating to check your answers when you can (especially with Math and some Science questions).

#### Please do not hesitate to reach out to the Wellness Team

(<u>Christine.oviatt@lethsd.ab.ca</u> or <u>Cheryl.smith@lethsd.ab.ca</u>) if you would like additional resources on these topics or where to access mental health support in our community.

- FRIM News Camp Girouette is back this summer! Looking for an enriching and fun French-speaking experience for your children this summer? Camp Girouette is back with a dynamic program filled with laughter, discoveries, and activities! On the menu: sports activities, outdoor games, crafts, French-language activities, and much more!
  - Date: August 18-22 and 25-29
  - Time: 8:30 a.m. to 4:30 p.m.\*
  - \*Extended hours available at an additional cost.
  - Location: La Cité des Prairies
- We are offering you a 2nd Teen Evening in May! Are you in grades 7 to 12 and want to spend an evening with young French speakers? Come play a FREE game (or two!) of bowling with us! Date: Friday, May 30, 2025 Time: 5pm-7pm Location: Holiday Bowl 2825 2 Ave S, Lethbridge Cost: Free! Registration required.





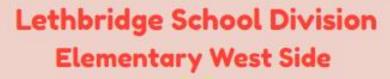
- Invitation to the 2nd ACFA Community BBQ! Many of you participated and enjoyed our first community barbecue thank you! Building on this enthusiasm, we are pleased to invite you to a second edition which will take place on June 5. Date: June 5, 2025. Time: 5-7pm Location: The City of Prairies Cost: Free! Registration required.
- The St. John's Carnival is fast approaching! Get ready to spend a festive evening with family and in French with the Francophone associations of Lethbridge! The St-Jean Carnival is back with lots of activities for young and old! Date: June 24, 2025. Time: 4:30 p.m. 8:00 p.m. Location: Galt Gardens (downtown Lethbridge) More information to come!





• Indigenous News - On June 11th, there is a Powwow happening at the Gerald B. Probe Elementary School and they are looking to celebrate Lethbridge School Divisions, Indigenous Dancers.

If there are any Indigenous students who may be interested in performing at the Powwow. Registration forms are in Ms. Blinkhorn's classroom and can be given to their homeroom teachers.





120 Rocky Mountain Blvd. West Lethbridge, AB T1K 7J2

Wednesday June 17

Special Guests: Travis Plaited Hair Julius Delaney More coming soon!



Highlighting
Indigenous
dancers from
across
Lethbridge
School
Division

Gerala B. Probe Elementary School

# Dancer registration:

Fill out the registration form and give it to your teacher.

Registration forms can be sent to Melanie and Shawnee at the Ed Center by May 30<sup>th</sup>, 2025.

Inquires can be sent to:

melanie.morrow@lethsd.ab.ca shawnee.bigbull@lethsd.ab.ca joel.tailfeathers@lethsd.ab.ca