



# PATERSON PRESS – January 13 – 24, 2025

We send home the “Paterson Press” every second Friday. If you have feedback, please let us know! Call (403-329-0125) or email [morgan.day@lethsd.ab.ca](mailto:morgan.day@lethsd.ab.ca)

Have you registered for:

- PowerSchool?** <https://ps.lethsd.ab.ca/public/>
- School Cash Online?** <https://lethbridge.schoolcashionline.com/>
- Safe Arrival?** <https://go.schoolmessenger.com>

If you have any questions or need assistance with these services, call Leanna, Kat, or Jennifer in the office at 403-329-0125.

<u><b>Monday Jan. 13</b></u>	<u><b>Tuesday Jan. 14</b></u>	<u><b>Wednesday Jan. 15</b></u>	<u><b>Thursday Jan. 16</b></u>	<u><b>Friday Jan. 17</b></u>
<p>E-Waste Drive</p>  <p>GSA meet @ lunch in art room</p> <p>Grade 7 Intramurals at lunch</p> <p>E-Sports – 3 – 4 pm</p>	<p>E-Waste Drive</p> <p>Grade 7 Intramurals at lunch</p> <p>Rock Band – 3 – 430 pm</p>	<p>E-Waste Drive</p> <p>Maker Space in LC – lunch</p> <p>Grade 7 Intramurals at lunch</p> <p><b>Parent Teacher Interview sign up opens at 9 am and closes Jan 27<sup>th</sup> at midnight (Interviews are Jan 30/31) <a href="#">Parent Teacher Interviews   Gilbert Paterson Middle School</a></b></p>	<p>E-Waste Drive</p> <p>Grade 7 Intramurals at lunch</p> <p>Jr Chamber Choir Workshop – all day</p> <p>Tiger Club Basketball – 3-4 pm</p> <p>Dev B-Ball - GPMS @ Wilson (girls 4 pm &amp; boys 515 pm)</p> <p>Rep B-Ball - Wilson @ GPMS (girls 4 pm &amp; boys 515 pm)</p> <p>E-Sports – 3 – 4 pm</p> <p>Rock Band – 3 – 430 pm</p>	<p>E-Waste Drive</p> <p>Cardston Cougar <b>Dev</b> Basketball Tournament - Fri/Sat</p> <p>Raymond <b>Rep</b> Boys Basketball Tournament - Fri/Sat</p> 
<u><b>Monday Jan. 20</b></u>	<u><b>Tuesday Jan. 21</b></u>	<u><b>Wednesday Jan. 22</b></u>	<u><b>Thursday Jan. 23</b></u>	<u><b>Friday Jan. 24</b></u>
<p>GSA meet @ lunch in art room</p> <p>Grade 6 Intramurals at lunch</p> <p>E- Sports – 3 – 4 pm</p> <p>Parent Council Meeting – 630 pm in LC</p>	<p>Grade 6 Intramurals at lunch</p> <p>Rock Band – 3 – 430 pm</p> 	<p>Maker Space in LC – lunch</p> <p>Grade 6 Intramurals at lunch</p>	<p>Grade 6 Intramurals at lunch</p> <p>Tiger Club Basketball – 3-4 pm</p> <p>Dev B-Ball - St. Francis @ GPMS (girls 4 pm &amp; boys 5:15 pm)</p> <p>Rep B-Ball - GPMS @ St. Francis (girls 4 pm &amp; boys 5:15 pm)</p> <p>E-Sports – 3 – 4 pm</p> <p>Rock Band – 3 – 430 pm</p>	<p>Westside <b>Rep</b> Basketball Tournament - boys @ Lakie &amp; girls @ SJF – Fri/Sat</p>

- **SCHOOL COUNCIL** – The next meeting was scheduled for **Mon. Jan. 20th at 6:30PM** in the Learning Commons. **Everyone is welcome.** We thank School Council and all parents who helped for the December Staff Appreciation lunch – it was an amazing and appreciated holiday treat! Thank you!
- **HEALTH CLASSES** – Human growth and development (HGD or theme 5) will be taught at our school from Jan 6 – Feb 7. If you have indicated on your registration form that you do not wish for your child to participate, they will be given a flex class in an alternate space. Please reach out to your child’s health teacher for more information.
- **TIGER ATHLETICS** – We hosted the annual Tiger Classic Rep Boys and Girls Tournament on Dec. 13<sup>th</sup>/14<sup>th</sup>, and it was a huge success. Our girls took home 1<sup>st</sup>, they were up against Raymond. The boys lost in the final round against St. Francis and placed 2<sup>nd</sup>. We thank all the staff and student volunteers who helped this event. Club basketball continues this month at the regular times until the end of January.
- Our Winter Concerts were amazing again this year and helped to make spirits bright this season. Congratulations to Ms. Lewis, Mr. Leavitt, Mr. Clewes and all band, choir and handbell students! Thank you for the support of Danielle Henrie for our choirs!



- Our Choir had the opportunity to spread some holiday cheer at St. Therese Villa in December, the residents were so happy they came to visit. Our Theatre Production Classes attending the first showing of Matilda at the U of L in December as well. The students from Churchill did amazing and our students were lucky to learn from them.



- **WELLNESS TEAM – Angel Tree** – Our deepest thanks to all of those who donated to the Angel Tree campaign this season. Through community donations, they were able to create gift bundles for 4,343 children this year!
- Our Grade 7 classes will be hosting an E-Waste Drive with The Helen Schuler Nature Centre from January 13 – 17. If you have any unwanted electronics (cellphones, radios, tv’s...etc) and would like them to get recycled, please send them to school with your student. Please have your student bring the E-waste to Ms. Martens, Mr. Stringham’s, or Mrs. Heth’s classroom.
- **January 30<sup>th</sup> and 31<sup>st</sup> - Teacher Interviews** – Sign up begins Jan. 15<sup>th</sup> at 9am on the website, [Parent Teacher Interviews | Gilbert Paterson Middle School](#). Interviews are Thursday 3:30 pm – 7:30 pm and Friday 8:30 am – 11:10 am. We will send a reminder and instructions next week.
- **PATERSON’S GOT TALENT** – Our talent show was huge success! Thanks to all the students who put their talents on display and to staff who organized the event. What a fun way to end 2024!
- **FYI** - The Division is set to host the annual Town Hall event on **Tuesday Feb. 4, from 6:30-8:30 p.m.** Town Hall will be an in-person event at Victoria Park High School (1515-5 Ave. S.). Town Hall participants can include Division students, parents/guardians/caregivers, staff members and community members.

Simply put, everyone is welcomed at Town Hall! The more people who participate, the better the discussions will be around the table.

The event will include two sessions – one where participants will be split up into elementary, middle and high school tables, and a second where tables will discuss specific topics.

For the **first session**, tables will discuss these questions:

What aspects of your school and learning experience are you most satisfied with and why?

What aspects of your school and learning experience are you least satisfied with and why?

What specific changes or initiatives do you think would improve the quality of education at your school?

For the **second session**, students will be split into one group and parents/guardians/caregivers staff and community members will be in the other group.

Students will select one of two topics – welcoming, caring, safe and respectful learning environments or student learning engagement and academics.

The other group will have three topics to choose from – parent/guardian/caregiver engagement and partnership, classroom complexity or academic achievement.

- Our **Tigers Den** is back! The Grade 8 Advanced Food class will be selling packaged and homemade food from the Tuck Shop. Starting next week, Jan 21st, students will be able to purchase items for \$5 and under. Cash only.

1. Grade 8 – Tuesdays
2. Grade 7 – Wednesdays
3. Grade 6 - Thursdays





- Check out some amazing bulletin board from our students! What a fantastic way to remind us that there are, “Snow many ways to be KIND”.



- **Notes from The Band Room** - A reminder to parents of the upcoming events in the band room:

**Grade 6 Band Retreat**  
**Thursday, Jan. 23**  
 U of L- full day  
 volunteers needed

**Grade 7 Band Retreat**  
**Tuesday, January 28**  
**SABC - FULL DAY**  
 volunteers needed

There will be a **Grade 8 Band Trip Meeting** for parents on **Thursday, March 20 at 6:30 pm** in the Band Room. I look forward to seeing you there.

- **Indigenous Community Events for everyone!**

- **INFORMATION FROM THE WELLNESS TEAM**

- **January Mental Health Minute**

Welcome to January! Did you know that by the end of January, we will gain another hour of daylight? The winter months can be a challenge for some, with limited daylight and colder temperatures. One way to foster positive mental health in youth is through connection. Three strategies recommended by Recovery Alberta for connection include: practice self-care, encourage your child to talk with you, and take time to play. These strategies can foster attachment (deep connection), a key component for healthy development in youth. For more information on this topic, please check out these links:

Video: <https://www.youtube.com/watch?v=TI8tVCx91nE&t=3s>

Info Sheet: [https://drive.google.com/file/d/1DxMHFDNt-dNtn8rpAxWZ5\\_9dceycS77G/view](https://drive.google.com/file/d/1DxMHFDNt-dNtn8rpAxWZ5_9dceycS77G/view)

The Mental Health Literacy Series from Recovery Alberta has many short videos and concise info sheets on a variety of mental health topics. <https://www.cyfcaregivereducation.ca/videos-info-sheets>

- **Community Resources**

- Recovery Alberta (formerly AHS) is offering an in-person ADHD Parent Group, beginning in February. An educational group offering introductory information on ADHD to parents and caregivers. Participants are asked to register in advance for the five sessions covering:


What is ADHD and how to talk to you child/teen about it. How medication, nutrition, exercise, and sleep impact ADHD. How ADHD impacts self-regulation and the importance of co-regulation. Tools for parenting a child/teen with ADHD. Navigating school systems and community services.


**Tuesdays from 6 to 7:30 p.m., February 25 to March 25, 2025**

Recovery Alberta Child, Youth and Family Addiction and Mental Health Clinic, Melcor Centre (Suite 120A 200 - 4 Ave. S.).

\*To register, call Access Addiction & Mental Health\* 1-888-594-0211

- Lethbridge Family Services offers several personal growth groups that are starting this or next month. To view information about these groups, please visit this link: <https://www.lfsfamily.ca/events>
  - If you have questions or would like to connect with one of the counsellors at Paterson, please contact Christine Oviatt ([christine.oviatt@lethsd.ab.ca](mailto:christine.oviatt@lethsd.ab.ca)) or Cheryl Smith ([cheryl.smith@lethsd.ab.ca](mailto:cheryl.smith@lethsd.ab.ca)).
- **FRIM News - Join us for a DELF Drop-In Information Session!** - Learn how to earn an internationally recognized diploma, explore the benefits it offers, and discover the various levels available. You'll also have the chance to review sample exams for each level.

 When: Wednesday, January 15, 5:00 PM – 6:00 PM

 Where: Room B586, University Hall

Don't miss this opportunity to advance your French learning journey!

- Francophone Film Week will take place from January 27 to 31, 2025 in the University's Science Commons building at 6:30 p.m. every day (except Friday). As you can see in the poster, the films are presented in French with French subtitles. Friday afternoon we will have a children's movie and then we will have a movie (for older kids) with free pizza. Admission is free as are popcorn and drinks. Nice evening DATE NIGHT!!



# 10th Annual FILM WEEK

Jan. 27 - Jan. 31, 2025  
Monday - Friday

Free and open to all  
Popcorn and refreshments  
Highly advised.  
All films will be held in SMO  
Auditorium. Advance Ceremony SMO101  
with the exception of Friday SMO105  
showing being held in SMO108





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Mon, Jan 27	Tues, Jan 28	Wed, Jan 29	Thurs, Jan 30	Fri, Jan 31	Sat, Jan 31
<p>6:00 pm, SMO100</p> <p><b>Notre-Dame on Fire / Notre-Dame brûle</b> (2022) Dir. Jean-Yves Escoffier Animated Drama</p> <p>On April 15, 2019, Notre-Dame de Paris cathedral caught fire. Men and women put their lives on the line to save the renowned landmark.</p>	<p>6:30 pm, SMO100</p> <p><b>Le grand bal / Ball de Soles</b> (2014) Dir. Gilles Lellouche Drama/Comedy</p> <p>Several 40-year-old gypsies, all on the verge of a midlife crisis, decide to have their final grand ball. A cynical cynic instead of a young woman - far from. In the process, they find meaning in their lives.</p>	<p>6:30 pm, SMO100</p> <p><b>Delicious / Délicieuse</b> (2021) Dir. Les Bénédict Comedy/Drama/History France, 1789, just before the Revolution, with the help of a surprising young woman, a chef who has been rejected by his mentor finds the strength to free himself from his prison as a servant and opens the first restaurant.</p>	<p>6:30 pm, SMO100</p> <p><b>The Successor / Le successeur</b> (2023) Dir. Anne Lagerfeld Drama/Thriller</p> <p>This story follows a newly successful artist director of a fashion fashion house, who starts experiencing chest pain and who discovers that he may have inherited much more than his estranged father's vast bank.</p>	<p>4:30 pm, SMO100</p> <p><b>FREE PIZZA AND DRINKS</b> Halloween <b>Vampire Seeking Subdued Person</b> (2023) Dir. Anne Louise Chénier Comedy</p> <p>A young woman attempts to make a list in order to meet her ideal boyfriend, but may have found a solution in a young man with unusual tendencies.</p>	<p>3:00 pm, SMO100</p> <p><b>Poly (2024)</b> Dir. Mathieu Tremblay Family/Adventure</p> <p>Cauchy, 10 years old, moves to the north of France with his mother, Louise. Integrating with the other children in the village is not easy. When a circus moves to reach them, Cauchy discovers that Poly, the star pony is being mistreated so she resolves to protect him and to organize his escape.</p>