

PATERSON PRESS – Dec 2 - 13

We send home the "Paterson Press" every second Friday. If you have feedback, please let us know! Call (403-329-0125) or email morgan.day@lethsd.ab.ca

Have you registered for:

PowerSchool? https://ps.lethsd.ab.ca/public/

School Cash Online? https://lethbridge.schoolcashonline.com/

Safe Arrival? https://go.schoolmessenger.com

If you have any questions or need assistance with these services, call Leanna,

Jennifer, or Kat in the office at 403-329-0125.

Monday Dec. 2	Tuesday Dec. 3	Wednesday Dec. 4	<u>Thursday Dec. 5</u>	Friday Dec. 6
Chess Club – noon	Gr 8 Intermurals – noon	Maker Space in LC –	Chess Club – noon	St. Francis Dev Boys BBall Tournament
Gr 8 Intermurals – noon	Mass Band Practice –		Gr 8 Intermurals	Fri/Sat
Mass Band Practice –	Grade 6	Gr 8 Intermurals – noon	– noon	
Grade 7 & 8			E Sports 3 – 4	
E Sports 3 – 4 pm			pm	
First Day of Term 2			Tiger Club BBall - 3 - 4 pm	
Monday Dec. 9	Tuesday Dec. 10	Wednesday Dec. 11	Thursday Dec. 12	Friday Dec. 13
Chess Club – noon	Mass Band Practice – Grade 6	Staff appreciation lunch!	Chess Club – noon	Tiger Classic Rep Basketball Tourney
Mass Band Practice –			Recognition Assembly	Fri/Sat
Grade 7 & 8		Makerspace in LC at lunch	E Sports 3 – 4 pm	St. Francis Dev Girls
E Sports 3 – 4 pm			Last day for Angel Tree donations	BBall Tournament Fri/Sat
			Tiger Club BBall - 3 - 4 pm	
			Band Concert 7PM Southminster Church	

- **School Council** The next meeting is Mon. Jan. 20th at 6:30 pm in the Learning Commons. Everyone is welcome.
- **Report Cards** Report cards will be available to view at home on December 6th. Instruction for viewing will be sent once report cards are ready.

• **Term 1 Honor Roll** is changing a little bit this year! Honour roll is calculated as an 85% average in core classes (language arts, science, math, and social studies). We will be recognizing students on the honour roll in January. This will allow students to work with their teachers to improve marks and show resiliency between now and then. Our cut off for honour roll will be January 24th and students will be recognized in their classes on the 30th. We are excited to support students in this way this year.

FRIM News -









- Tiger Athletics Basketball is in full swing with our rep and development teams and club basketball. See the club chart for dates and times. We are excited to host our Tiger Classic Rep boys and girl's tournament on Dec. 13th and 14th. Good luck to all teams!
- Check out this article in the Lethbridge Herald about our REP Volleyball Boys team, we couldn't be prouder. Go Tigers! Tigers claw to an undefeated season

- We are so excited to be kicking off this amazing fundraising opportunity for our school. We have partnered with The Movie Mill to bring you a great deal and for just \$25, each purchase of a 2025 Movie Mill Popcorn Bucket includes:
 - A refillable popcorn bucket at the Movie Mill with lid
 - 1st Fill FREE coupon at the Movie Mill
 - A BOGO (Buy one, get one) Soda Mill coupon
 - A BOGO for \$1 Puttz mini-golf coupon

With your bucket purchase, you can enjoy **popcorn refills at the Move Mill for only \$4.50** (regular popcorn is **\$7.75**), making this an unbeatable deal for the rest of 2024, and all of 2025!

Your school will earn 30% per bucket sold. All sales go through school cash online or CASH to Mrs. Wilson in the office. Buckets will be distributed on Fridays to the students for delivery.



- ONE FREE REFILL
- BUY ONE GET ONE \$1 PUTTZ
- BUY ONE GET SODA MILL 320Z

30% GOES TO THE SCHOOL

- Fine Arts Our Winter Concerts are coming this month! Band is Tuesday Dec. 12 at 7pm (Southminster United Church) and Choir/Handbells are Thursday Dec. 16 at 7 pm (College Drive community Church).
- Notes from the Band Room The Band Program at Paterson is excited for a busy month in December. Don't forget to visit the band webpage for all of out upcoming retreats, concerts and events. <u>Gilbert Paterson Middle School Band Program Calendar (weebly.com)</u>
 Important dates:
 - Dec. 4 closing date to purchase Winter Concert tickets through SchoolCash Online
 - **Dec. 4** 2:15pm 6pm Winter Plant Pick-up: *Reserve your pickup time through the link sent out.
 - **Dec. 12** Winter Concert 7:00pm Southminster United Church *Concert Dress white top and black dress pants or long skirt.

Thank you to everyone who has offered to help out at these events!!

- PATERSON'S GOT TALENT! We are excited to see the return of our Talent Show this year on Thurs. Dec. 19th! We are looking forward to music, comedy, and other special talents you may want to share! The big show happens in the large gym. The auditions are done and now we are preparing for the big show. There are a wide variety of interesting acts – it will be awesome!
- K&E Girls Attend First-Ever Harvesting Ambitions Day On November 21st, a group of Knowledge and Employability (K&E) girls from Gilbert Paterson School participated in the inaugural Harvesting Ambitions Day at Lethbridge Polytechnic, hosted by E3. This inspiring event aimed to introduce young women to the possibilities of pursuing careers in trades and agriculture, sparking interest and excitement for non-traditional pathways.

The day began with an engaging panel discussion featuring four women in trades who shared their career journeys and insights. The students then toured the impressive facilities at Lethbridge Polytechnic, gaining a firsthand look at the diverse programs offered. A highlight of the morning was the buffet lunch provided by the Culinary Institute, which was as delicious as it was inspiring.

The afternoon featured hands-on workshops in various fields. The girls dissected a grasshopper, examined a mushroom under a microscope, designed a business plan for an agricultural invention, and created and analyzed their own microscope slides with leaves. Each activity provided a unique opportunity to explore practical skills and connect classroom learning to real-world applications.

This event offered the students not only a chance to experience a professional conference but also to step outside their comfort zones and discover exciting career possibilities. The day was a resounding success and a powerful reminder of the importance of encouraging young women to explore diverse and innovative futures. Check out the article from the Division Website here, Division students attend E3"s Harvesting Ambitions - Young Women in Agriculture event | Lethbridge School Division

• Pick Up, Parking and Traffic – We would like to remind everyone again as the weather turns of this ongoing issue. We have been reminding students on our end of the importance of not getting out of cars in the middle of the street or darting through traffic as we continue to have near miss situations. We ask again that all parents please help to ensure that drop off, pick up and parking afterschool is safe and orderly for all. We all know the challenges of pick up and drop off at a large school in a full residential neighborhood and ask that you do not stop in the middle of the street to drop off students or make U-turns and help your children make safe decisions when crossing the street or exiting vehicles. We will be asking LPS to help monitor the situation moving forward as needed to ensure safety. Thank you for doing your part to ensure the safety of our students.

Digital Wellness –



• **COUNSELLING** – The LFS Angel Tree Campaign for 2024 is now open for families to register! Please see below for details. **DEADLINE TO REGISTER IS DECEMBER 4, 2024.**

<u>LFS Angel Tree Christmas Campaign:</u> Our mission is to collect new toys, clothes, and gifts for distribution to families in need, serving babies, children, and youth, 0 – 18 years old, in **Lethbridge and surrounding communities.** Registration link: https://www.lfsfamily.ca/register

• Shop of Wonders - MyCityCare offers the Shop of Wonders, a Christmas program designed to bring joy and magic to families in need. This event offers a place for parents/guardians facing financial hardships, allowing them to select gifts for their children up to the age of 17 without any cost. Registration link: https://mycitycare.ca/, then scroll to the "Register" button and click to enter information.

Note: Families can choose to register with either Shop of Wonders **OR** Angel Tree.

- Gilbert Paterson will again be a community gift collection site for LFS Angel Tree donations If you wish to drop off a NEW toy/gift, our school will be collecting from November 15 December 16. Paper angels will be available on NOVEMBER 15 in the main office or from the Wellness Team (Christine Oviatt or Cheryl Smith). Donors choose an angel tag, purchase a new toy/gift (click on the digital angel of your choice for gift ideas: https://www.lfsfamily.ca/pick-an-angel), and return the new, unwrapped gift (with the angel tag) to the main office or Wellness Team by DECEMBER 16.
- **December Mental Health Minute** As we head into the month of December, it is important to take time in our households for self-care, down-time, and some calm activities. This will help

everyone, especially middle school students, stay calm and regulated for learning in a month that is often filled with many activities and expectations out of the normal routine. For information on self-care and ways to include some calming activities, here are a few resources:

https://moodle8.camhx.ca/moodle/mod/book/view.php?id=189&chapterid=451
https://www.foothillsacademy.org/community/articles/stress-reducing-during-the-holidays

Did you know...

Rapid Access Counselling (RAC) is available by video or phone across the province, and available within 3 business days. What should be a celebratory time of connection can be especially difficult for those who are experiencing grief, conflict, financial distress, isolation and whole host of other scenarios (RAC sessions will be available until Tuesday December 24th, and pick up again on Thursday, January 2nd, 2025).

Rapid Access Counselling (RAC) single session counselling program is designed to help with a one-time boost, or one forward-step at a time with a bigger issue:

Easy booking:

- Online at https://www.racalberta.ca/
- ➤ Call 1.877.244.2360 toll-free and hear back within 1 business day.
- No cost for minors or caregivers of minors (pay what you can for anyone else)
- No travel required
- Confidential, Self-directed, Strength-based
- > Self-referral; no waitlist; no cap to number of sessions

Phone or video sessions available weekdays and evenings, usually within 3 business days

Qualified therapists work with families with kids of any age, couples, and individuals

Offered by https://www.kindred.ca/

If you have questions or would like to connect with one of the counsellors at Paterson, please contact Christine Oviatt (christine.oviatt@lethsd.ab.ca) or Cheryl Smith (cheryl.smith@lethsd.ab.ca).

• Family Centre Lethbridge offers a variety of programs, including cooking programs for children. Their calendar can be found here: https://www.famcentre.ca/programs/

• Don't forget to Yearbook! Head on

Welcome and get



order your 2024 – 2025 over to SchoolCash Online, SchoolCashOnline.com: yours today!