

PATERSON PRESS - *Nov 4 - 15*

Welcome Paterson families! Instead of a month end newsletter, we send home the "Paterson Press" every second week. If you have feedback, please let us know! Call (403-329-0125) or email morgan.day@lethsd.ab.ca

Have you registered for:

PowerSchool? https://ps.lethsd.ab.ca/public/

School Cash Online? https://lethbridge.schoolcashonline.com/

Safe Arrival? https://go.schoolmessenger.com

If you have any questions or need assistance with these services, call Leanna, Jennifer, or Kat in the office at 403-329-0125.

Monday Nov. 4	<u>Tuesday Nov. 5</u>	Wednesday Nov. 6	Thursday Nov. 7	Friday Nov. 8
Chess Club – noon		Maker Space in LC - noon	Chess Club – noon	Remembrance Day Assembly –
E Sports 3 – 4 pm		Chess Club – noon	E Sports 3 – 4 pm	-
Grade 6 Basketball ID Camp		Grade 6 Basketball ID Camp		9 am – 9:45 am AND 10:15 am – 11 am
Boys 3-4:45 Small Gym		Girls 3-4:45 Small Gym		
Girls 4:45-6:30 Small Gym		Boys 4:45-6:30 Small Gym		
Monday Nov. 11	Tuesday Nov. 12	Wednesday Nov. 13	Thursday Nov. 14	Friday Nov. 15
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No School in honour	No School for students	Maker Space in LC - noon	Chess Club – noon	Rock Your Mocs Day!
of	School Division Professional Day for staff	Chess Club – noon	E Sports 3 – 4 pm	
Remembrance Day Lest we Forget		Grade 7 Basketball ID	Grade 7 Basketball ID	
		Camp	Camp	A CORD
		Boys 3-4:45 Large Gym	Boys 4:45-6:30 Small Gym	
Lac tong		Girls 3-4:45 Small Gym	Girls 4:45-6:30 Large Gym	
Lest We				YOUR
		Grade 8 Basketball ID Camp	Grade 8 Basketball ID Camp	Moca
		Boys 4:45-6:30 Large Gym	Boys 3-4:45 Small Gym	
		Girls 4:45-6:30 Small Gym	Girls 3-4:45 Large Gym	

 School Council – Our next meeting is Monday, November 18th from 6:30 pm – 7:30 pm in the Learning Commons. Come join us and find out about what is happening at Gilbert Paterson and how you can be involved.

- Option and Activity Fees Fees for option courses and activities are now up on School Cash Online. Your
 prompt payment is greatly appreciated.
- Tiger Athletics If you are interested in playing on our basketball teams you MUST attend both basketball ID camps for your grade. Tryouts on November 15th are by invitation only. Invitations are based on these ID camps. Please look at our calendar and read the poster below.
- A big Tiger Thank You to Ririe Excavating & Aggregate for their donation of gravel for the beautiful flower bed out
 front of the school. Also, we would like to thank Peggy Turner and Rochelle Ririe for their dedication and time in
 pulling weeds and making our yard shine, THANK YOU!
- **TIGER GEAR** GPMS Tiger Gear is available through our website. Head over to the website, <u>Tiger Gear | Gilbert Paterson Middle School (lethsd.ab.ca)</u> to get yours today!
- Absences Student absences must be reported in advance for the school year through the SchoolMessenger App,
 or by calling the following number (866) 879-1041. On the day of the absence however, absences cannot be
 reported after the school's cut-off time. The cut-off time for Gilbert Paterson Middle School is 8:00AM of that
 current school day. If SafeArrival tells you it is past the cut-off time for reporting absences for the current day, you
 will need to contact the school directly.

Please see the link below for detailed instructions on entering absences in SafeArrival through the app or by phone. Report an absence | Gilbert Paterson Middle School (lethsd.ab.ca)

- Remembrance Day Assembly Our school assembly will take place on Thursday Nov. 8^{th.} Due to the size of our school, we will have two assemblies this year. Just a reminder that November 11th is the Remembrance Day statutory holiday and Nov. 12th is a District Wide professional learning day for staff.
- Rock Your Mocs is coming, and we want to celebrate Indigenous culture! Rock Your Mocs was started in 2011 by
 Jessica Jaylyn Atsye (At-sigh) from New Mexico in the U.S. Jessica created a positive social media event for her
 friends to wear moccasins to promote her culture. Since then, it has become a world-wide event through social
 media to promote indigenous culture and showcase the diversity of nations. On Friday, November 15th, Gilbert
 Paterson will celebrate Rock Your Mocs to honour diversity and indigenous cultures around the world. You are
 invited to wear moccasins that day.
- Just a reminder, the school does not supply cutlery. You will have to remember them with your lunch.
- The Lethbridge School Division Digital Wellness Team is hosting its second <u>Digital Wellness Engagement Event</u>.
 This year's event will take place on **Wednesday**, **Nov. 13**, **2024**., from 6-7:30 p.m. in the G.S. Lakie Middle School foyer. To register, please visit the Division website: <u>REGISTER</u>
- Learning Commons Book Fair Thank you for your support of our Scholastic Book Fair. Our sale was once again a huge success. This sale helps us add to our collection in our learning commons and look at some new makerspace items as well. Thank you so much for the support from students and parents.
- Photos for Yearbook Please be our eyes and help us collect great photos for the yearbook! This QR code will take you directly to Josten's image uploading site. This site is safe, and secure. Here is the link to the website with some more information, <u>Jostens Yearbook Photo Upload Information | Gilbert Paterson</u> <u>Middle School</u>



- Volleyball Wrap-Up Congratulations to our 4 volleyball teams. The development teams had a great season and both teams brought home gold from the Tiger Classic tournament. Good luck to our REP teams who are both off to zones in Taber this weekend. Way to go Tigers!!
- The Paterson GSA (Gender and Sexuality Alliance) Club This club meets at lunchtime on Mondays in the art room for any interested students. Weekly meetings will provide the chance for LGBTQ2S+ students and allies to connect in a safe, inclusive, welcoming environment. The Paterson GSA Club will offer various opportunities, including peer support, safe space, education awareness for LGBTQ2S+ issues, inclusiveness, equity and equality to flourish throughout the entire student population, support for students who are or have experienced bullying, informal activities such as art activities, games, and spending time with supportive peers (information adapted from Government of Alberta, 2021, https://www.alberta.ca/gay-straight-alliances.aspx). If you have questions about this club, please contact Morgan Day or Christine Oviatt.

NOVEMBER MENTAL HEALTH MINUTE

Being a caregiver of a middle schooler in 2024 can be challenging! It also brings many moments to celebrate, share in growth, and discuss hopes for the future. We often receive questions from parents/guardians about where to find strategies for supporting their children through this unique stage of development.

Recovery Alberta (formerly Alberta Health Services) offers free virtual sessions for caregivers. Below are descriptions of the programs offered, as well as a link if you are interested in signing up for one of the sessions. We hope this information may be helpful for you and your family!

- · The Caregiver Education Sessions focuses on the 3 R's: reduce stigma, receive information, and reflect on strategies. Each session provides evidence-based research, common challenges faced by children and youth, possible treatment options, supportive strategies, and information/resources for further support.
- The Adult Education Sessions are intended to provide participants with introductory information regarding addiction and mental health challenges that can affect us all. Evidence-based research, possible treatment options, supportive strategies, and information/resources for further support are discussed.
- · Click on the links called "Registration" to see more information about the individual topics, dates, and to register for the zoom session. https://www.cyfcaregivereducation.ca/virtual-education
- Angel Tree for Kids At Lethbridge Family Services, we collect new, unwrapped toys during November and
 December and distribute them to children and youth in Lethbridge and area whose families need help at
 Christmas. If you wish to register your children for Angel Tree for Kids: Register online
 at www.lfsfamily.ca (https://www.lfsfamily.ca/content.php?p=92). Registration is open until December 4th, 2024.
 Gilbert Paterson will again be a community gift collection site for donations.

If you wish to drop off a NEW toy/gift, our school will be collecting from November 15 – December 4. Paper angels will be available on NOVEMBER 15 in the main office or from the Wellness Team (Christine Oviatt or Cheryl Smith). Donors choose an angel, purchase a new toy/gift (see the FAQ section for gift ideas <u>Lethbridge Family Services</u> (Ifsfamily.ca), and return the new, unwrapped gift (with the Angel tag) to the main office or Wellness Team.

Fine Arts Information

- Band Room Check out Ms. Lewis' band website. <u>Gilbert Paterson Middle School Band Program Calendar</u> (weebly.com)
- **Just a reminder of our Winter Concert dates** Band will be on Thursday, December 12th and Choir/Handbells are Monday, Dec. 16th. Watch for more information in December.

Want to play basketball at GPMS? Come to the ID Camps for your grade! When? See below!

Grade 6	Grade 7	Grade 8	
Boys -	Boys -	Boys -	
Nov. 4 (3 - 4:45)	Nov. 13 (3 – 4:45) Nov. 13 (4:45 – 6:30		
Small Gym	Large Gym Large Gym		
Nov. 6 (4:45 - 6:30)	Nov. 14 (4:45 - 6:30)	Nov. 14 (3 – 4:45)	
Small Gym	Small Gym	Small Gym	
Girls –	Girls -	Girls -	
Nov. 4 (4:45 - 6:30)	Nov. 13 (3 – 4:45)	Nov. 13 (4:45 – 6:30)	
Small Gym	Small Gym	Small Gym	
Nov. 6 (3 - 4:45)	Nov. 14 (4:45 – 6:30)	Nov. 14 (3 – 4:45)	
Small Gym	Large Gym	Large Gym	