



We send home the “Paterson Press” every second Friday. If you have feedback, please let us know! Call (403-329-0125) or email morgan.day@lethsd.ab.ca

Have you registered for:

PowerSchool? <https://ps.lethsd.ab.ca/public/>

School Cash Online? <https://lethbridge.schoolcashionline.com/>

Safe Arrival? <https://go.schoolmessenger.com>

If you have any questions or need assistance with these services, call Leanna or Jennifer in the office at 403-329-0125.

Dec. 4 – 15

<p><u>Monday Dec. 4</u> PJ DAY!! Congratulations on selling over 500 PowerCards!</p>	<p><u>Tuesday Dec. 5</u> E sports Team A 3-430</p>	<p><u>Wednesday Dec. 6</u> Makerspace in LC at lunch Basketball Club 2-3:15PM POWERCARD PURCHASE DUE ON SCHOOL CASH ONLINE</p>	<p><u>Thursday Dec. 7</u> E sports Team B 3-430</p>	<p><u>Friday Dec. 8</u> Tiger Classic Rep Basketball Tourney Fri/Sat POWERSCHOOL DRAW</p>
<p><u>Monday Dec. 11</u></p>	<p><u>Tuesday Dec. 12</u> E sports Team A 3-430 Choir / Handbells Concert 7PM College Drive Church</p>	<p><u>Wednesday Dec. 13</u> Makerspace in LC at lunch Basketball Club 2-3:15PM POWERCARD PURCHASE DUE ON SCHOOL CASH ONLINE</p>	<p><u>Thursday Dec. 14</u> Last day for Angel Tree donations E sports Team B 3-430 Band Concert 7PM Southminster Church</p>	<p><u>Friday Dec. 15</u> Recognition assemblies for Term 1 Gr 8 8-850 Gr 6 9-950 Gr 7 10- 10:40 FINAL POWERSCHOOL DRAWS</p>

- **School Council** – The next meeting is Mon. Jan. 15th at 6:30 in the Learning Commons.
- **Report Cards** – Report cards will be available to view and print at home on December 8th. Instruction for viewing will be sent once report cards are ready.
- **PowerCards** – we have two more weeks of our school fundraiser! Thank for your support! We have almost sold 700 cards! Please be sure money is sent in through school cash online or to the office by Wednesday so you will be entered for our weekly draws. Our final big draws will happen on Dec 15th! Students have earned a PJ day on Monday Dec 4th! Next reward at 1000 cards sold is a movie and popcorn in their classes.
- **Term 1 Honor Roll** – Students who achieved an 85% average in their four core classes (or 5 FRIM core classes) will receive recognition at our Recognition assemblies on Friday December 15th. Students who maintain that academic standing for the school year will receive a medal in our year end awards. Congratulations to all students for your hard work!
- **Tiger Athletics** – Basketball is in full swing with our rep and development teams and club basketball. See the club chart for dates and times. We are excited to host our Tiger Classic Rep boys and girls tournament on Dec. 9/10th. Good luck to all teams!
There is an opportunity for a basketball camp at LVI on Jan 6th. Please see information below if you are interested.

- **Fine Arts** – Our Winter Concerts are coming this month! Choir/Handbells are Tuesday Dec. 12 and Band is Thursday Dec. 14.
- **Notes from the Band room** - The Band Program at Paterson is excited for a busy month in December. Don't forget to visit the band webpage for all of our upcoming retreats, concerts and events. [Gilbert Paterson Middle School Band Program Calendar \(weebly.com\)](#)

Important dates:

- Hoodies and Sweatpants have arrived the first week of December.
- **Dec. 5** - closing date to purchase Winter Concert tickets through School CashOnline
- **Dec.6** - 2:30-5:30 - Winter Plant Pick-up: *Reserve your pickup time through the link sent out.
- **Dec. 14** - Winter Concert 7:00pm Southminster United Church
*Concert Dress - white top and black dress pants or long skirt.

Thank you to everyone who has offered to help out at these events!!

- **PATERSON'S GOT TALENT!** – We are excited to see the return of our Talent Show this year on Thurs. Dec. 22nd! We are looking for music, comedy, and other special talents you may want to share! The big show happens in the large gym. The auditions are done and now we are preparing for the big show. There are a wide variety of interesting acts – it will be awesome!
- **COUNSELLING – Angel Tree** - We are proud to again support Lethbridge Family Services Angel Tree program as a community drop-off location. "Angel" tags highlighting a local, anonymous child in need of a gift for the holidays are now available from the school's main office. Students are welcome to ask their teacher if they can ask for a tag from the office or have one dropped off at their class by Ms. Oviatt or Mrs. Smith, and then bring an unopened gift (with tag) back to the school to be donated. If you prefer not to shop, there is an ONLINE donation option for the Angel Tree program at <https://www.lfsfamily.ca/content.php?p=112>. Your previous support with this program has been amazing.
If there are any families that are finding they need extra support with items such as food, clothing, or holiday items, please call or email our Family School Liaison Counsellor: Cheryl Smith at 403-329-0125 or cheryl.smith@lethsd.ab.ca or our Teacher Counsellor: Christine Oviatt at 403-329-0125 or christine.oviatt@lethsd.ab.ca.
- **December's Mental Health Minute from the Wellness Team**
Along with increased darkness and colder temperatures, the winter season can also bring changes in mood and motivation. Some adolescents struggle with motivation, particularly at this time of year, and find it difficult to set goals and independently complete tasks. This podcast discusses some of the challenges and themes observed during adolescence and strategies to help teens explore their passions and develop motivation (including drive, goals, and grit).
- Getting Our Teens Motivated with Dr. Melanie McNally, Episode 55, The Child Psych Podcast
<https://open.spotify.com/episode/0paR88bEytDsi5gOjFHdu>
- **Community Resources**
Did you know...Alberta Health Services offers virtual sessions for parents/caregivers who are navigating the challenges of raising adolescents in 2023?
“These educational sessions are designed for parents/caregivers who want to understand the foundation in which to support their child/teen’s self-regulation in conflict, while preserving/obtaining a healthy parent/child relationship.”

Topics include boundaries, communication, and balancing technology in families. A full list of topics are included in the pdf or for more information/to register for any of the “Keep Calm and Parent On Information Sessions”, call **Access Addiction & Mental Health at 1-888-594-0211**

- Family Centre Lethbridge offers a variety of programs, including cooking programs for children. Their calendar can be found here: <https://www.famcentre.ca/programs/>
- **Pick Up, Parking and Traffic** – I would like to remind everyone again as the weather turns of this ongoing issue. We have been reminding students on our end of the importance of not getting out of cars in the middle of the street or darting through traffic as we continue to have near miss situations. We ask again that all parents please help to ensure that drop off, pick up and parking afterschool is safe and orderly for all. We all know the challenges of pick up and drop off at a large school in a full residential neighborhood and ask that you do not stop in the middle of the street to drop off students or make U-turns and help your children make safe decisions when crossing the street or exiting vehicles. We will be asking LPS to help monitor the situation moving forward as needed to ensure safety. Thank you for doing your part to ensure the safety of our students.

2nd Annual Jr. Rams
Boys Basketball Camp

When: Saturday, January 6th

Where: LCI Large Gym/Small Gym

Grades 3-5: 9:00 -12:00
Grades 6-8: 1:00 - 4:00

****Athlete must be student of Lethbridge School Division**

Cost: \$30/Athlete

Register by: LCI School Cash Online
(p) 403-328-9606

LCI
GRIT • RESPECT • EMPATHY • RESPONSIBILITY • GROWTH
PRO SCOLA ET PRO PATRIA

Every athlete needs to fill out
Google Forms questionnaire

Google Forms Link: <https://forms.gle/NAF4pE64cLSm3mfJ6>